

14-DAY SRI LANKA CYCLING HOLIDAY

Sri Lanka Cycling Tours

Best discovered at the speed of a bicycle. Ride through ancient cities, northern landscapes, tea country and the southern coast at a comfortable, enjoyable pace.

FROM

USD 2,491 per person

DURATION

14 Days

CYCLING

Approx. 350 km

LEVEL

Moderate

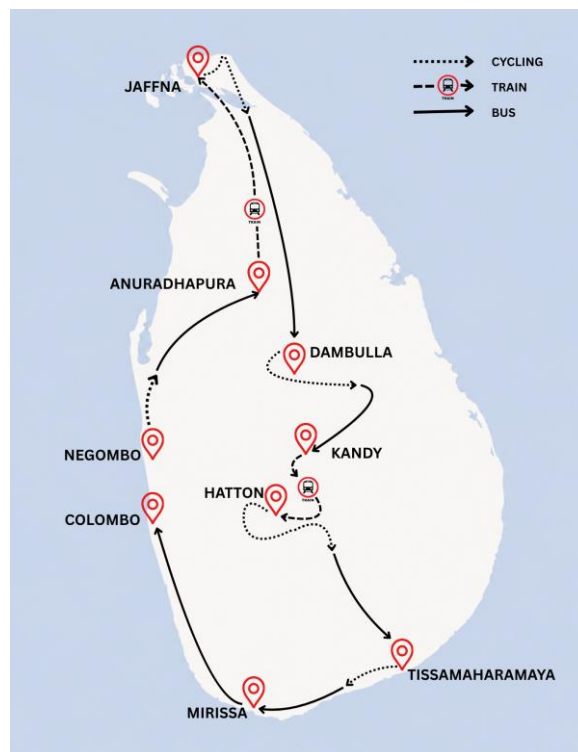
GROUP

4–12 Riders

Overview and itinerary

Cycling • Culture • Comfort • Responsible Travel

Negombo → Anuradhapura → Jaffna → Dambulla → Kandy → Hatton → Tissamaharama → Mirissa → Colombo



Designed for travellers who want to explore Sri Lanka at handlebars level without the pressure of a fast-paced cycling tour. Our groups ride together at a comfortable pace, with time for culture, landscapes, local communities and rest.

THE EXPERIENCE

Cycling Sri Lanka at the right pace

A cycling holiday should give you time to enjoy the journey. We ride together at a comfortable pace, allowing you to take in the scenery, enjoy the road and experience the places we pass through without feeling that you have to race from one destination to the next. This is about discovering Sri Lanka from the saddle — travelling through villages and countryside, meeting local people and enjoying the changing landscapes along the way.

NO RACING. JUST THE JOURNEY.

There is no competition between riders and no pressure to chase speed or performance. Whether you are an experienced cyclist or simply enjoy an active holiday, the focus is on riding comfortably, travelling together and enjoying the island.

STANDARD BIKE OR E-BIKE

Choose the bicycle that suits you best for the journey. An e-bike option is available for riders who prefer pedal assistance. E-bike riders remain with the group and follow the same route and programme, with the additional assistance of the electric motor.

MORE THAN THE RIDING

The bicycle is our way of discovering Sri Lanka, but the journey goes beyond cycling. Ancient cities, temples, northern culture, village life, tea country, wildlife and the southern coast are all part of the experience, together with train journeys, the ferry to Nainativu and a Yala safari.

TRAVEL TOGETHER

Our tours are built around shared experiences. We ride together, stop together and enjoy the changing character of Sri Lanka as a group, supported by our local cycling team and support vehicle.

**RIDE TOGETHER.
TRAVEL COMFORTABLY.
EXPERIENCE SRI LANKA.**

A comfortable, supported cycling journey designed to let you experience Sri Lanka together — at the speed of a bicycle.

THE JOURNEY

ONE ISLAND. ONE CONTINUOUS JOURNEY.

Over 14 days, the route moves across Sri Lanka from the west coast to the north, then turns south through the centre of the island before continuing towards the southern coast and Colombo.

01 WEST COAST → ANCIENT NORTH

Negombo → Anuradhapura → Jaffna

The journey begins in Negombo and heads inland towards Anuradhapura before continuing north to Jaffna.

02 THE NORTH → CULTURAL HEART

Jaffna → Dambulla → Sigiriya → Kandy

Leaving Jaffna behind, the route turns south towards Dambulla and Sigiriya before reaching Kandy.

03 THE HIGHLANDS

Kandy → Hatton

From Kandy, the route continues into the central highlands towards Hatton.

04 HIGHLANDS → WILDLIFE REGION

Hatton → Tissamaharama → Yala

The journey leaves the highlands and continues towards Tissamaharama and the Yala region.

05 SOUTHERN COAST

Tissamaharama → Mirissa → Galle → Colombo

The final section brings the journey to the southern coast before continuing through Galle and finishing in Colombo.

THE MOMENTS

THE PARTS YOU'LL REMEMBER

A cycling journey through Sri Lanka is made up of more than the kilometres between destinations. Along the way, there are places, encounters and experiences that give the journey its character — moments that stay with you long after the ride is over.

01 JAFFNA & NAINATIVU

The northern part of the journey brings a different side of Sri Lanka into view. Time in Jaffna and the ferry journey to Nainativu offer an opportunity to experience the peninsula at a slower pace, before turning south and continuing across the island.

02 ANCIENT SRI LANKA

Anuradhapura, Dambulla and Sigiriya bring the island's deep history into the journey. Rather than treating these places as isolated sightseeing stops, they become part of the route as you move through the landscapes that connect them.

03 THE JOURNEY BY TRAIN

Not every part of the journey is travelled by bicycle. Train travel becomes part of the experience, giving you a different perspective on the island as the landscape passes beyond the window.

04 INTO THE TEA COUNTRY

As the route leaves Kandy and rises towards Hatton, Sri Lanka changes again. The warmer lowlands give way to the cooler central highlands, with winding roads and tea-growing landscapes creating one of the most distinctive transitions of the journey.

05 WILDLIFE AT YALA

The journey eventually reaches the wildlife region around Tissamaharama and Yala. A jeep safari gives you time away from the bicycle to explore the area and experience Sri Lanka's wildlife in its natural surroundings.

06 THE SOUTHERN COAST

The final stages bring the journey back towards the ocean. Mirissa and the southern coast provide a relaxed change of pace before time in Galle Fort and the final journey towards Colombo.

SIX MOMENTS. ONE JOURNEY ACROSS SRI LANKA.

From the north to the hills and down to the southern coast, each stage adds another layer to the journey.

IS THIS THE RIGHT TOUR FOR YOU?

A CYCLING HOLIDAY WITH A DIFFERENT RHYTHM

This journey is for travellers who want to experience Sri Lanka actively, while still having time to enjoy the places, people and landscapes along the way. Cycling is an important part of the journey, but the experience is about discovering the country rather than measuring performance.

YOU'LL ENJOY THIS JOURNEY IF YOU...

- Enjoy active holidays and want cycling to be a central part of your travel.
- Are comfortable spending several hours on a bicycle.
- Prefer a relaxed group pace rather than racing or chasing daily distances.
- Enjoy discovering places beyond the main tourist stops.
- Like combining cycling with culture, scenery, food, wildlife and local experiences.
- Appreciate having a local team and organised support throughout the journey.
- Enjoy travelling with a small group and sharing the experience with fellow riders.

THIS MAY NOT BE THE TOUR FOR YOU IF...

You are looking for a cycling holiday focused on speed, training or maximising daily kilometres. It may also not be the right choice if you prefer a completely independent trip without a planned group journey.

YOUR KIND OF JOURNEY?

If you want to ride, explore and experience Sri Lanka at a comfortable pace, this journey was designed for you.

A GOOD FIT FOR THE WAY YOU LIKE TO TRAVEL

You do not need to approach the journey as a performance challenge. What matters is being ready for an active holiday, enjoying time on a bicycle and being open to experiencing Sri Lanka together with other travellers.

RIDE. EXPLORE. EXPERIENCE SRI LANKA.

A journey for travellers who want the bicycle to be part of how they discover the island.

YOUR TOUR

WHAT YOUR JOURNEY INCLUDES

This is planned as a complete, supported cycling journey through Sri Lanka. The main arrangements are organised for you, so you can concentrate on enjoying the journey from arrival to departure.

INCLUDED IN YOUR TOUR

- 13 nights accommodation
 - Entrance tickets for all included sites
 - Licensed Sri Lanka National Tourist Guide Lecturer
 - Support vehicle
 - Main luggage transfer
 - Meals as specified in the programme
 - Scheduled train journeys
 - Ferry journey to Nainativu
 - Yala jeep safari
 - Included sightseeing and experiences
-

YOUR ACCOMMODATION

We select comfortable properties along the route that provide a good base for each stage of the journey, with the character of each destination reflected in the places where you stay.

NOT INCLUDED

- International flights
 - Sri Lanka visa
 - Travel insurance
 - Personal expenses and drinks
 - Optional activities
 - Tips
-